



**Mounted Angels**  
**Therapeutic Horsemanship**  
 A Spirit Horse Center  
 10362 465<sup>th</sup> St. Pearl, IL 62361  
 HOME: 217-829-4409 CELL: 217-257-5702

Rev. 2/10/19

**2024**  
**Physician's Form**

*To be completed by Physician or Health Care Provider*

Date: \_\_\_\_\_

Dear Health Care Provider,

Your patient, \_\_\_\_\_ (fill in rider's name)

Is interested in participating in supervised equine activities. In order to safely provide this service, our center requests that you complete the attached Medical History and Physician's Prescription Form. Please note that the following conditions may suggest precautions and contraindications to equine activities. Therefore, when completing this form, please note whether these conditions are present and to what degree.

**Orthopedic**

Atlantoaxial Instability-including neurologic symptoms

Coxa Arthrosis

Cranial Deficits

Heterotopic Ossification/Myositis Ossificans

Joint subluxation/dislocation

Osteoporosis

Pathologic Fractures

Spinal Joint Fusion/Fixation

Spinal Joint Instability/Abnormalities

**Neurologic**

Hydrocephalus/Shunt

Seizure

Spina Bifida/Chiari 11 malformation/Tethered Cord/Hydromyelia

**Medical/Psychological**

Allergies

Animal Abuse

Cardiac Condition

Physical/Sexual/Emotional Abuse

Blood Pressure Control

Dangerous to self or others

Exacerbations of medical conditions (RA, MS...)

Fire Settings

Hemophilia

Medical Instability

Migraines

PVD

Respiratory Compromise

Recent Surgeries

Substance Abuse

Thought Control Disorders

Weight Control Disorder

**Other**

Age-under 4 years

Indwelling Catheters/Medical Equipment

Medications-i.e. photosensitivity

Poor Endurance

Skin Breakdown

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine assisted activities, please feel free to contact the center at the address/phone indicated above.

**Physician's Prescription**

Patient's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Prescription for Therapeutic Horseback Riding

Prescription, where appropriate for evaluation and treatment by a physical, occupational and/or Speech Therapist in conjunction with the Therapeutic Horseback Riding Operating Center.

Recommended Frequency:

Precautions:

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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## Physician's Form

Participant's Medical History and Physician's Statement continued.

Participant: \_\_\_\_\_ DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

Past/Prospective Surgeries: \_\_\_\_\_

Medications: \_\_\_\_\_

Seizure Type: \_\_\_\_\_ Controlled: Y N Date of Last Seizure \_\_\_\_\_

Shunt Present: Y N Date of last revision: \_\_\_\_\_

Special Precautions/Needs: \_\_\_\_\_

Mobility: Independent Ambulation Y N Assisted Ambulation Y N Wheelchair Y N

Braces/Assistive Devices: \_\_\_\_\_

For those with Down Syndrome: AtlantoDens Interval X-rays, date: \_\_\_\_\_ Result: + -

Neurologic Symptoms of AtlantoAxial Instability: \_\_\_\_\_

Please indicate current or past special needs in the following systems/area, including surgeries:

	Y	N	Comments
Auditory			
Visual			
Tactile Sensation			
Speech			
Cardiac			
Circulatory			
Integumentary/Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning Disability			
Cognitive			
Emotional/Psychological			
Pain			
Other			

Given the above diagnosis and medical information, this person is not medically precluded from participation in equine assisted activities. I understand that the Spirit Horse center will weigh the medical information given against the existing precautions and contraindications. Therefore, I refer this person to the Spirit Horse center for ongoing evaluation to determine eligibility for participation.

Name/Title: \_\_\_\_\_ MD DO NP PA Other \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ License/UPIN Number: \_\_\_\_\_